SIH Pre-KG: Curriculum Overview 2025/2026

Term 1 – All About Me	Term 2 – The World Around Us	Term 3 – Amazing People		
Prime areas: Personal, social and emotional development (PSED), Communication and language (CL), and Physical development (PD)				
Personal, Social and Emotional Development				
 Learning about feelings and how to share toys. Roleplay about home life and looking after ourselves. Talking about favourite foods and trying new ones. 	 Talking about safety at the beach. Learning how to care for small creatures. Exploring feelings linked to different types of weather. 	 Learning about road safety and transport. Talking about community helpers (doctors, firefighters, cleaners). Celebrating our own "class heroes." 		
Physical Development				
 Exploring what our bodies can do (running, jumping, climbing). Building homes and shelters with blocks and loose parts. Practicing using cutlery during snack times. 	 Outdoor play and building play areas. Sandcastle building and cleaning up together. Dressing up for different types of weather. 	 Traffic light movement games. Exploring special vehicles (ambulance, fire truck). Hero fitness challenges and obstacle courses. 		
Communication and Language				
 Listening and responding to instructions. Talking about family and sharing experiences during circle time. Listening to and joining in with familiar songs and rhymes. 	 Talking about park and seaside experiences. Using photos and props to encourage discussion. Sharing feelings and ideas in small groups. 	 Making up stories together with picture prompts. Talking about people who help us. Listening to and retelling superhero stories. 		
Literacy				
Listening to stories about family.	Making letters and shapes in sand.	Creating a class book of helpful people.		

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 Drawing ourselves and friends. Sending letters/cards to different "homes." 	 Reading seaside and park stories. Creating a class weather chart with words and drawings. 	 Sharing superhero stories from books, TV, and comics. Writing hero names and designing hero symbols. 		
Mathematics				
 Counting toys and snacks. Recognising numbers on homes. Comparing big and small (handprints, toys). 	 Sorting and counting sea creatures. Counting legs, wings, and eyes on minibeasts. Talking about time and weather charts. 	 Sorting vehicles by colour, size, and shape. Using balance scales in "shops." Superhero fitness dice games (counting exercises). 		
Understanding the World				
 Family photos and talking about similarities/differences. Exploring textures and floating/sinking in water play. Growing seedlings and making fruit kebabs. 	 Nature walks with magnifying glasses. Ice blocks and wind fans to explore the weather. Observing and sorting types of transport. 	 Visiting helpers around school and role-playing their jobs. Using globes to "fly" to different places. Exploring how people live in deserts, jungles, and oceans. 		
Expressive Arts and Design				
 Painting with hands and feet. Making puppets for role play. Vegetable printing and food songs. 	 Creating a friendship display for the park. Roleplay in an "ice cream shop." Making weather pictures and sensory bottles. 	 Junk modelling vehicles. Roleplay as shopkeepers and bus drivers. Designing our own superheroes and shields. 		
Themes				
Myself, Friends, Toys, Home, Food	 At the Park, On the Beach, Small Creatures, Weather 	Myself, Friends, Toys, Home, Food		

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Phonics			
 Aspect 1 - Environmental Sound Discrimination. Aspect 2 - Instrumental Sound Discrimination. 	 Consolidating aspects 1 and 2 throughout the term. Introduce Aspect 3 - Body Percussion Sound Discrimination. 	 Consolidate aspects 1, 2 and 3 throughout the term. 	